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A Profound Mind Cultivating Wisdom

The Dalai Lama Teaches Emptiness Many of the Dalai Lama's books are directed to questions that engage readers of all religious persuasions rather than only practitioners of Buddhism. This new book of the Dalai Lama's, "A Profound Mind: Cultivating Wisdom in Everyday Life" (2011) belongs in a smaller group of books which expound a specifically Buddhist teaching: the doctrine of shunyata or emptiness.

A Profound Mind: Cultivating Wisdom In Everyday Life by ...

"A Profound Mind", what a rewarding title! While the main title, Profound Mind, is abstract a bit, the sub-title, Cultivating Wisdom in Every Day Life, supplements the main title or gives shape to a certain extent. It is generally understood a human being is composed of physical body and spiritual mind.

A Profound Mind: Cultivating Wisdom In Everyday Life ...

For the first time for general readers, the Dalai Lama presents a comprehensive overview of the most important teaching of Buddhism. Perhaps the main difference between Buddhism and other religions is its understanding of our core identity. The existence of the soul or self, which is central in different ways to Hinduism, Judaism, Christianity, and Islam, is actually denied in Buddhism.

A Profound Mind: Cultivating Wisdom In Everyday Life ...

Description of the book "A Profound Mind: Cultivating Wisdom in Everyday Life": The Dalai Lama visited New York in 2003 and gave a series of lectures, culminating in a public talk in Central Park, which drew over a quarter of a million people.

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